Crisis Response Self-Questionnaire

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Please answer the following questions to determine your readiness, at this time, to respond to a traumatic event. This information is for your own use and does not need to be submitted to CAMFT.

	Yes	No
1. Is your personal life stable?		
2. Can you get time off from work?		
3. Will there be an effect of serving as a responder upon your family?		
4. Do you have suitable arrangements for childcare, pet care, elder family member care, etc.?		
5. Do you have patients in your practice who are suicidal or who will unduly suffer in your absence?		
6. Can you afford to take time away from your job or practice without causing yourself any financial burden?		
7. Are you flexible with situations that do not work out as planned?		
8. Are you prepared to deal with down time while you are on-site?		
9. Are you prepared to deal with your own needs while responding?		
10. Have you recently suffered a personal trauma that may affect your ability to respond effectively?		
11. Do you have unresolved grief issues that may arise unexpectedly, leaving you unable to respond to others?		
12. Will you be okay being exposed to vivid images, smells, and sounds that may linger in your memory?		
13. Are you willing to do whatever is necessary (e.g. clean-up, cook, etc.), if that is what needs to be done?		
14. Are you willing to put aside your own personal ego and function as a team member with all others?		
15. Are you willing to take orders and not be the boss?		
16. Are you willing to expose yourself to emotionally intense grief and chaotic circumstances?		
17. Are you able to function quickly and efficiently under pressure and keep focused on the job?		
18. Can you work well with people of differing cultures, spiritual beliefs, and ethnicities?		
19. Can you work with people of varying economic and educational levels?		
20. Are you willing to go outside your own comfort level to work where the need presents itself?		

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